**04-01 Perspective Multipliers**

Perspective Multipliers are advanced tools within BrainFrame designed to accelerate insight by intentionally shifting, layering, or expanding how a user views a situation, goal, or self-concept.

They are not about new data — they’re about new **frames**.

**Why They Matter**

* Most blocks are not due to lack of knowledge, but rigid perspective.
* Shifting frame = unlocking momentum.
* Multipliers help navigate complexity, paradox, or emotional fog.

**Core Types**

1. **Time-Warped Thinking**
   * e.g. “How would Future You see this?”
   * e.g. “Zoom out to the 10-year lens.”
2. **Opposing Voices**
   * e.g. “What would your inner critic say? Your inner coach?”
   * e.g. “Play devil’s advocate — then play your strongest defender.”
3. **Systemic View**
   * e.g. “What role does this play in your larger system?”
   * e.g. “What dependencies are shaping this outcome?”
4. **Symbolic Metaphors**
   * e.g. “If this were a landscape, what would it look like?”
   * e.g. “What animal or archetype are you being here?”
5. **Energetic Checkpoints**
   * e.g. “What energy is this costing or generating?”
   * e.g. “Where is the tension in your body, your story, your time?”

**Integration in BrainFrame**

* Delivered via Prompt Library, Reflection Engine, or AI Companion.
* Can be triggered manually or contextually (e.g. during decision fog).
* Built into review rituals and meta-thinking sequences.

Perspective Multipliers don’t give you answers — they **give you new ways to ask**.